

Brix Chart: Determining the Best Produce

REAMS Composite Chart

How to use this chart: Place a drop of juice (fruit or vegetable) on the refractometer plate. Read the brix level through the eyepiece. Match the number to the chart to find the rating.

P=Poor A=Average G=Good E=Excellent DF=Disease Free

PRODUCE	P	A	G	E	DF	PRODUCE	P	A	G	E	DF
Apple	6	10	14	18	(16)	Mangoes	4	6	10	14	-
Asparagus	2	4	6	12	-	Onions	4	6	8	13	(13)
Avocados	4	6	8	12	-	Oranges	6	10	16	20	-
Bananas	8	10	12	16	-	Papaya	6	10	18	22	-
Beets	6	8	10	12	-	Parsley	4	6	8	12	-
Blueberry	6	8	12	14	-	Pea, blackeye	4	6	10	12	-
Broccoli	6	8	10	12	-	Pea, English	8	10	12	14	(14)
Cabbage	6	8	10	12	-	Peaches	6	10	14	18	-
Cantalope	8	12	14	16	(16)	Peanuts	4	6	8	12	-
Carrots	4	6	12	18	-	Pears	6	10	12	14	-
Casaba	8	10	12	14	(16)	Pepper, hot	4	6	8	12	(12)
Cauliflower	4	6	8	12	-	Pineapple	12	14	20	22	-
Celery	4	6	10	12	(15)	Potato, Irish	3	-	-	13	(13)
Cherry, sour	-	-	-	-	(14)	Potato, sweet	6	8	10	14	-
Cherry, sweet	6	8	14	16	(16)	Pumpkin	-	-	-	(15)	-
Coconut	8	10	12	14	-	Raisins	60	70	75	90	-
Corn, sweet	6	10	18	24	(24)	Raspberry	6	8	12	14	(15)
Cucumber	-	-	-	-	(13)	Romaine Lettuce	4	6	8	12	-
Kumquat	4	6	8	12	-	Rutabaga	4	6	10	12	-
Eggplant	-	-	-	-	(12)	Squash	6	8	12	14	(15)
Endive	4	6	8	12	-	Strawberry	6	10	14	16	(16)
Escarole	4	6	8	12	-	Tomato	4	6	8	12	(18)
Garlic	-	-	-	-	-	Turnips	4	6	8	12	-
Grapefruit	6	10	14	18	-	Watermelon	8	12	14	16	-
Grapes	8	12	16	20	-	- growers -					
Green Beans	4	6	8	14	(14)	Alfalfa	4	8	16	22	(14)
Honeydew	8	10	12	14	(16)	Corn, stalks	4	8	14	20	-
Kohlrabi	6	8	10	12	-	Corn, young	6	10	18	24	-
Lemons	4	6	8	12	-	Grains	6	10	14	18	-
Lettuce	4	6	8	12	(12)	Roses	-	-	-	(15)	-
Limes	4	6	10	12	-	Sorghum	6	10	22	30	-

() = level at which no disease or insect will infest the plant